



4. What do these verses have in common?

**2 Corinthians 12:9-10**

**Isaiah 40:31**

**Nahum 1:7**

5. Waiting on God is a principle that's easily misunderstood. We are never busier than when we are "waiting" on God. Circle which "waiting" ideas would work for you.

- *I will write on a post-it-note as a reminder, "El Shaddai is sufficient to see me through."*
- *I will lay down my own defenses in which I have placed my trust (a secure job, obedient children, another relationship) and turn to God as my sole protector and sustainer.*
- *I will drink from God daily by being in His Word, knowing that if I fail in this area, I will drift into the sea of feeling inadequate and fearful.*
- *I will walk in conscious dependence on Christ, confessing my sin and putting on His truth concerning my circumstances.*
- *I will find a local church or community of believers for support.*

How would these practices allow you to go from self-sufficiency to God-sufficiency?

6. From Abraham we learned that "**Nothing – is – impossible – with – God.**" What is El Shaddai – the All-Sufficient One – telling you?



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*Father, I know Your Word says that “All things are possible with you.” You have no limitations, but I struggle believing that You will act in **my** circumstance. Give me the courage to trust in Your all-abundant power and teach me valuable lessons about faith and Your character as I press into You. Forgive me for being like a yo-yo, and empower me to more consistently lean on You. Thank You that You are my All-Sufficient watch-guard and provider. In Jesus’ name, amen.*

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**Notes for Small Group Discussion:**

1. Briefly share your thoughts on the video.
2. Briefly talk about spiritual concepts you learned.
3. Discuss the questions marked with \*. If time allows, share answers to other questions from the study.
4. Share with your group a choice you need to make that will honor God.
5. Consider practical ways to find accountability with these truths.

*To share your thoughts regarding this study, contact us at [info@ariseministries.net](mailto:info@ariseministries.net).*

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